Get wise

Your time out
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UNIT 1

The beach
Going to the beach

Activity 1

Look at the photo above. What do you think?

What are they doing?
What are they wearing?
What are they going to do?

Activity 2

Watch the introduction to Unit 1 of the DVD.
Activity 3
Write each phrase from the box under the correct photo.

playing frisbee    making a sandcastle    swimming    playing volleyball
having a picnic    body boarding    looking at shells    surfing

Example

They’re playing frisbee

1. They’re ____________________________.

2. They’re ____________________________.

3. He’s ____________________________.

4. They’re ____________________________.

5. They’re ____________________________.

6. She’s ____________________________.

7. They’re ____________________________.
Activity 4

Listen and complete the sentences with words from the box.

often rarely sometimes three once twice never year

Example

I _______ often ______ go to the beach in summer. I like swimming there. I go about _______ three ______ times a week.

I __________ go to the beach because it’s too far away. I go about _______ twice _______ a month.

I don’t like swimming, but __________ I go for walks along the beach. I go about ___________ a month.

I _______ go to the beach, but I often go to the park to play football. I go about ___________ a week.

Activity 5

Match each word with the meaning it has in Activity 4.

Example

<table>
<thead>
<tr>
<th>often</th>
<th>not at all</th>
</tr>
</thead>
<tbody>
<tr>
<td>sometimes</td>
<td>two or three times a week</td>
</tr>
<tr>
<td>rarely</td>
<td>once or twice a year</td>
</tr>
<tr>
<td>never</td>
<td>about once a month</td>
</tr>
</tbody>
</table>

Activity 6

Talk to another student. Think of places you go to in your free time. How often do you go there?
Unit 1  The beach

Sun safety

Activity 7

Look at the picture above. What do you think?

Where is Grace?
Who is she talking to?
What are they talking about?

Activity 8

Listen and tick (√) the correct answers.

Example

Grace wants to buy some
☐ sunglasses.
✓ sunscreen.

1. The pharmacist says Grace needs
   ☐ strong sunscreen.
   ☐ cheap sunscreen.

2. The pharmacist says
   ☐ SPF 10 is good.
   ☐ SPF 30 is good.

3. Water-resistant sunscreen
   ☐ comes off in the water.
   ☐ stays on in the water.

4. You put on the sunscreen
   ☐ every two hours.
   ☐ every five hours.

Learning tip

SPF stands for Sun Protection Factor. This tells you how strong the sunscreen is, or how much it stops your skin getting sunburned. In Australia, SPF 30 is strong sunscreen.
Activity 9
Read.

You should put on some sunscreen.

Activity 10
Talk to another student.

Student A: Use the examples below to give advice.

<table>
<thead>
<tr>
<th>a</th>
<th>some</th>
</tr>
</thead>
<tbody>
<tr>
<td>You should wear a</td>
<td>You should wear some</td>
</tr>
<tr>
<td>You should take a</td>
<td>You should take some</td>
</tr>
</tbody>
</table>

Student B: Use examples from the box to give answers.

Okay        Yes/Yeah        Sure        Good idea        All right
Maybe        I’m not sure        Thanks, but I don’t think so

Learning tip
We use should for advice.

You should means:
I think it’s a good idea. OR I think it’s good for you.
Activity 11

Watch Unit 1 of the DVD.

Activity 12

Circle True or False.

Ayen is going to the swimming pool. True False
1. They catch a train to the beach. True False
2. Bashir tells Ari to put on some sunscreen. True False
3. Ari sees a boy in trouble in the water. True False
4. Ari is a good swimmer. True False
5. Ari helps the boy. True False
6. The lifeguard says to swim between the flags. True False
7. The lifeguard tells Ari to take driving lessons. True False
Activity 13
Write each word from the box under the correct photo.

in danger  lifeguards  waves  water rescue
rescue board  binoculars  flags

Example

1.

2. 3. 4. 5. 6.
Activity 14
Write the numbers 1 to 8 under the photos to tell the story in the correct order.

Example

1. Bashir shouts, 'Ari, No!'
2. Ari tries to swim, but the current is too strong.
3. Ari sees a small boy in danger in the water.
4. The lifeguards rescue Ari and the boy.
5. A lifeguard tells Ari to swim between the flags.
6. The lifeguards grab their rescue boards.
7. Ari runs into the water.
8. The lifeguards see Ari and the boy in the water.
Activity 15
Read the words in the box. Go back to Activity 14 and underline them.

| current | grab | in danger | rescue |

Activity 16
Tick the correct meanings.

1. current
   - ☐ cold water
   - ☑ moving water

2. grab
   - ☐ get quickly
   - ☐ get slowly

3. in danger
   - ☐ not safe
   - ☐ angry

4. rescue
   - ☐ talk to someone
   - ☐ help someone in danger

Activity 17
Write each word from the box in the correct sentence.

sees tells runs grab tries see rescue is shouts

Example
Ari sees a small boy in danger in the water.

1. Ari ____________ into the water.

2. Bashir __________________, 'Ari, No!'

3. Ari ____________ to swim, but the current ____________ too strong.

4. The lifeguards ________________ Ari and the boy in the water.

5. They ________________ their rescue boards.

6. They ________________ Ari and the boy.

7. A lifeguard ________________ Ari to swim between the flags.
Activity 18
Look and read.

Ari’s story happened last Saturday. Ari uses the past tense to talk about what happened.

<table>
<thead>
<tr>
<th>Regular verbs (-ed)</th>
<th>Irregular verbs</th>
</tr>
</thead>
<tbody>
<tr>
<td>Present</td>
<td>Past</td>
</tr>
<tr>
<td>shout</td>
<td>shouted</td>
</tr>
<tr>
<td>rescue</td>
<td>rescued</td>
</tr>
<tr>
<td>grab</td>
<td>grabbed</td>
</tr>
<tr>
<td>try</td>
<td>tried</td>
</tr>
<tr>
<td>feel</td>
<td>felt</td>
</tr>
</tbody>
</table>

Activity 19
Write each word from the box in the correct sentence.

saw          rescued          ran          saw          tried          felt
grabbed          was          shouted          told          went

Example
Last Saturday Ari ______ went ______ to the beach with his friends.

1. He ______________________ a small boy in danger in the water.
2. Bashir ___________________, 'Ari, No!' But Ari ______________________ into the water.
3. He ______________________ to swim, but the current ______________________ too strong.
4. The lifeguards ______________________ Ari and the boy in the water.
5. They ______________________ their rescue boards.
6. They ______________________ Ari and the boy.
7. Then a lifeguard ______________________ Ari to swim between the flags.
8. Ari ______________________ really lucky because the lifeguards helped him.
Writing what happened

When we write a story we have:
- a beginning
- a middle
- an ending

Activity 20
Write the sentences from Activity 19 in paragraphs.

Beginning
Last Saturday

Middle paragraph 1
He saw

Middle paragraph 2
The lifeguards

Ending
Ari felt
Water safety

Activity 21
Read.

If you get into trouble in the water:

- Don’t panic.
- Don’t swim against the current.
- Stay calm.
- Float and raise one arm.
- Wait for a lifeguard to rescue you.

Activity 22
Match each word with the correct meaning.

Example

<table>
<thead>
<tr>
<th>Word</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>trouble</td>
<td>lie on top of the water</td>
</tr>
<tr>
<td>calm</td>
<td>danger/a problem</td>
</tr>
<tr>
<td>panic</td>
<td>feel very scared and stop thinking clearly</td>
</tr>
<tr>
<td>raise</td>
<td>relaxed</td>
</tr>
<tr>
<td>float</td>
<td>lift up</td>
</tr>
</tbody>
</table>

Activity 23
Read and talk to another student.

Look at the first picture in Activity 21. The arrows show the current, or which way the water is moving. The person is swimming against the current.

What do you think the expression swimming against the current means? What can happen if you swim against the current?
**Beach signs and flags**

**Activity 24**
Match each photo with the correct sign.

1. [Shark]

2. [Marine stingers]

3. [Danger! Sharks]

**Activity 25**
Talk to another student.

Do you know anything about these animals?
Do you know where they are in Australia?
Are these animals at beaches in your area?

**Activity 26**
Read.

Warning signs are usually yellow. They can be a diamond or a triangle shape. Sometimes they have an exclamation mark. These signs mean:

- CAUTION
- DANGER
- BEWARE
Activity 27
Match each sign with the correct warning.

Example

1. deep water

2. large waves

3. slippery rocks

4. shallow water

5. strong currents

Activity 28
Tick the correct box.

1. Patrolled area means
   □ No swimming here.
   □ Police work here.
   □ Lifeguards work here.

2. Unpatrolled area means
   □ No people on the beach.
   □ No lifeguards work here.
   □ No surfing here.
Activity 29

Look at the photo and talk with other students.

What do you think the people are saying?

Activity 30

Listen and tick (✓) the correct answer.

Example

The lifeguard says

✓ swim between the flags.

☐ swim next to the flags.

1. The flags are

☐ black and yellow.

☐ red and yellow.

2. The flags show where

☐ it’s safe to swim.

☐ it’s fun to swim.

Activity 31

Listen and read.

In a conversation we say some words louder and more clearly. These are stressed words – the words that are important. We can stress words to check we understand.

For example:

Man: Okay. So I swim next to the flags?

Lifeguard: No, you swim between the flags.

Man: Between the flags. Okay. Thanks.
Activity 32

Listen to the conversation. Underline the stressed words.

Example

A: Would you like the large sunscreen?
B: No, thanks. I’d like the small sunscreen.

1. A: Is this the bus to the beach?
   B: No, this is the bus to the city.
2. A: Is this the last bus to the beach?
   B: No, there’s another bus coming.
3. A: Are you going to the beach after lunch?
   B: No, I’m going to the pool.
4. A: Are you going to the beach after lunch?
   B: No, I’m going before lunch.
5. A: Would you like an ice cream?
   B: No thanks. I’d like a drink.
6. A: Would you like vanilla?
   B: No, I’d like chocolate, please.

Activity 33

Practise the conversations in Activity 32 with another student.
Safety at the beach

Activity 34
Talk with a partner about the pictures. Tick (✓) the activities you think are safe and cross (✗) the activities you think are dangerous.
Activity 35
Write the number of the picture in Activity 34 beside the correct sentence on the poster.

Beach safety

Number | Sentence
--- | ---
6 | Swim at beaches where there are lifeguards.

Activity 36
Match each word with the correct meaning.

Example:

<table>
<thead>
<tr>
<th>Word</th>
<th>Meaning</th>
</tr>
</thead>
<tbody>
<tr>
<td>obey</td>
<td>eating, drinking or smoking</td>
</tr>
<tr>
<td>directly</td>
<td>follow instructions</td>
</tr>
<tr>
<td>conditions</td>
<td>jump into water with arms and head first</td>
</tr>
<tr>
<td>consuming</td>
<td>current, waves, deep or shallow water</td>
</tr>
<tr>
<td>dive</td>
<td>straight away</td>
</tr>
</tbody>
</table>

Activity 37
Discuss the questions with another student.

What should you do before you go swimming?
What should you do after you go swimming?

Example:

Look for the flags before you go swimming.
Put on sunscreen again after you go swimming.
Learning to swim

Activity 38
Look at the photos above. Discuss the questions with other students.

Who is in the photos?
Where are they?
What are they talking about?

Activity 39
Listen to the conversation and tick the correct answer.

Example
Ari is interested in
✓ lessons for adults.
☐ lessons for children.

1. Adult lessons run for
☐ six weeks.
☐ eight weeks.

2. The program starts
☐ this Tuesday.
☐ next Tuesday.

3. Lessons start at
☐ 4.30 pm.
☐ 5.30 pm.

4. A concession lesson costs
☐ $5.50.
☐ $7.50.
Activity 40
Tick the cards you have.

Concession card ☐ Health Care card ☐
Student card ☐ Seniors card ☐

Activity 41
Write the words in the correct order to make questions.

Example
have / do you / swimming lessons / here? / _Do you have swimming lessons here?

1. weeks / how many / the program? / is / ______________________________
2. what days / the lessons? / are / ______________________________
3. are / what / the lessons? / time / ______________________________
4. the lessons? / are / how much / ______________________________
5. there / a concession rate? / is / ______________________________
6. level / the class? / what / is / ______________________________

Activity 42
Talk to another person.

Person A: You want to learn to swim. Ask about swimming lessons.
Use the questions in Activity 41.

Person B: You work at the swimming pool. Answer the questions using the information below.

Burnside Pool

Adult learn to swim
Lessons for adult beginners
10 week program, starting 11th January
Wednesdays 5.30 pm—6.30 pm

Adults: $10 per lesson
Concessions: $6.50 per lesson
Activity 43
Look at the pictures and talk with other students.

Have you ever done these activities? Would you like to try these activities?

Activity 44
Read the notice.

### Burnside Pool

<table>
<thead>
<tr>
<th>Casual swim</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>Adult (16+ years)</td>
<td>$5.20</td>
</tr>
<tr>
<td>Concession</td>
<td>$3.80</td>
</tr>
<tr>
<td>Child (5–15 years)</td>
<td>$3.80</td>
</tr>
<tr>
<td>Infant (2–4 years)</td>
<td>$1.20</td>
</tr>
<tr>
<td>Family (2 adults &amp; 2 children)</td>
<td>$15.50</td>
</tr>
<tr>
<td>Baby (under 2 years)</td>
<td>No charge</td>
</tr>
<tr>
<td>Swim and spa/sauna</td>
<td>$8.50</td>
</tr>
</tbody>
</table>

Activity 45
Tick the correct answer.

1. Casual swim means
   - □ swimming any time the pool is open.
   - □ coming to swimming lessons.

2. 16+ years means
   - □ 16 years and younger.
   - □ 16 years and older.

Activity 46
Read the notice in Activity 43 again. Write the costs.

Example

How much is a concession casual swim? ___ $3.80 ___

1. How much is a family casual swim? __________________________
2. How much is a casual swim for a twelve year old? ______________
3. How much is a casual swim for a three year old? ______________
4. How much is a swim for one adult and a baby? ______________
5. How much is a casual swim for two children? ______________
6. How much is a spa and sauna for two people? ______________
How well can you swim?

Activity 47
Look at the pictures and read the sentences under the pictures.

I can’t swim.  I can swim a bit.  I can swim very well.
I don’t know how to swim.  I’m a beginner.  I’m a good swimmer.
I’ve never learned to swim.  I’m not a strong swimmer.  I’m a strong swimmer.

Activity 48
How well can you swim? Write two sentences about yourself.
1. ______________________________________________
2. ______________________________________________

Activity 49
Ask some people the questions in the chart. Write their answers.

<table>
<thead>
<tr>
<th>Name</th>
<th>How well can you swim?</th>
<th>Where do you go swimming?</th>
<th>Would you like to do swimming lessons?</th>
</tr>
</thead>
<tbody>
<tr>
<td>Ayen</td>
<td>I'm a beginner</td>
<td>At the beach</td>
<td>Yes [✓] No [□]</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Yes [□] No [□]</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Yes [□] No [□]</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Yes [□] No [□]</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Yes [□] No [□]</td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td>Yes [□] No [□]</td>
</tr>
</tbody>
</table>
### Activity 50

Look for each word from the box in the word puzzle and circle it. Some words read down ↓ and some read across →.

<table>
<thead>
<tr>
<th>adult</th>
<th>current</th>
<th>hat</th>
<th>pool</th>
<th>surfing</th>
</tr>
</thead>
<tbody>
<tr>
<td>after</td>
<td>danger</td>
<td>infant</td>
<td>reception</td>
<td>swimming</td>
</tr>
<tr>
<td>bathers</td>
<td>diving</td>
<td>lesson</td>
<td>rescue</td>
<td>towel</td>
</tr>
<tr>
<td>beach</td>
<td>flags</td>
<td>guards</td>
<td>sunglasses</td>
<td>wave</td>
</tr>
<tr>
<td>child</td>
<td>float</td>
<td>pay</td>
<td>sunscreen</td>
<td></td>
</tr>
</tbody>
</table>

---

What does the lifeguard say?

To find out, highlight the unused letters from the top left corner to the bottom right corner. Write them below.

The lifeguard says:

---
After class

Activity 51

1. **Find information about a swimming pool in your area. You could look on the Internet, visit a pool or telephone a pool. Then answer the questions.**

   Find the answers to these questions.
   - What days and times is the pool open?
   - How much does it cost to swim there?
   - Can you have swimming lessons there?
   - How much do swimming lessons cost?
   - What different activities can you do at the pool?

2. **Bring your information back to class for discussion.**

About your learning

Activity 52

*Read the sentences below. Tick (✓) the correct boxes for yourself.*

<table>
<thead>
<tr>
<th>Not much</th>
<th>A little</th>
<th>A lot</th>
</tr>
</thead>
<tbody>
<tr>
<td>I know about different beach activities.</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>I know about sun safety and using sunscreen.</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>I can write a story in the past tense.</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>I can understand beach signs.</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>I can understand beach safety rules.</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>I can ask for information about swimming lessons.</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>I can read a pool brochure.</td>
<td>☐</td>
<td>☐</td>
</tr>
<tr>
<td>I can calculate costs for swimming at a pool.</td>
<td>☐</td>
<td>☐</td>
</tr>
</tbody>
</table>
UNIT 2

The gym
Why go to the gym?

Activity 53
Look at the photo above. What do you think?
Who is in the photo?
Where are they?
What are they doing?
What do you think they are going to do?

Activity 54
Watch the introduction to Unit 2 of the DVD.
Activity 55
Write each word from the box under the correct photo.

aerobics  badminton  cycle class  boxercise  karate
  gymnastics  volleyball  weight training  yoga

Example

badminton

1. 
2. 
3. 
4. 
5. 
6. 
7. 
8. 
**Activity 56**

Read.

Do you go to the gym?

No, but I’d like to. There’s a gym in the city I can go to. I’m interested in weights, basketball and karate.

**Activity 57**

Ask three people the questions below and write their answers. Then write about yourself.

<table>
<thead>
<tr>
<th>Name</th>
<th>Do you go to a gym?</th>
<th>Is there a gym in your area?</th>
<th>Are you interested in</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td></td>
<td></td>
<td>basketball</td>
</tr>
<tr>
<td>Example</td>
<td>No</td>
<td>Yes</td>
<td>Yes</td>
</tr>
<tr>
<td>Bashir</td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
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<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>Me</td>
<td></td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Activity 58
Listen and tick (✓) the correct answers.

Example

Tara wants to look
[ ] strong.
[✓] good.

1. Andrew has a
[ ] heart problem.
[ ] back problem.

2. Hussam wants to get
[ ] healthy.
[ ] strong.

3. Mai wanted to learn
[ ] basketball.
[ ] volleyball.

4. Mary says she feels
[ ] relaxed.
[ ] excited.

5. Bosco is interested in
[ ] indoor cricket.
[ ] indoor soccer.

Activity 59
Listen and write the name of the person in the correct place.

Example

Name: __________ Mai
I wanted to learn basketball, but I didn’t
know where to go. So I joined the gym
and now I’m in a team.

1. Name: ___________________
I don’t go to the gym, but I want to join.
I’m interested in karate and indoor soccer.

2. Name: ___________________
I come to the gym to hang out with my
friends and do some weights. I want to
get strong, you know!

3. Name: ___________________
My doctor says I need to get fit because
I have a heart problem, so I come to the
gym for exercise.

4. Name: ___________________
I want to feel fit and look good. I come
to aerobics class twice a week.
It’s heaps of fun.

5. Name: ___________________
I wanted to do some gentle exercise,
so I joined the yoga class. It makes me
feel relaxed.
A tour of the gym

Activity 60

Watch Unit 2 of the DVD.

Activity 61

Circle True or False.

Ari says the gym is expensive. True  False

1. Sally is an instructor at the gym. True False

2. Sally shows Ayen, Bashir and Grace around the gym. True False

3. They see people playing cricket in the gym. True False

4. They see two girls doing boxercise. True False

5. Grace and Bashir want to join the gym. True False

6. Ayen wants to join the gym. True False

7. Jo tells Ayen there are lots of ways to exercise. True False
Activity 62
Write each word from the box under the correct photo.

- instructor
- opening hours
- membership form
- membership card
- gym equipment
- change rooms

Example

1. instructor
2. opening hours
3. membership form
4. membership card
5. gym equipment
6. change rooms

Activity 63
Complete the sentences. Use the correct words from the box in Activity 62.

Example
A person who teaches in the gym is called an ___________.

1. People need to complete a ________________________________ to join the gym.
2. You show your ________________________________ to reception every time you come to the gym.
3. The instructors will show you how to use the ________________________________.
4. The ________________________________ sign is outside the gym.
5. The ________________________________ are where you put on your sports clothes.
Activity 64

Listen and tick (✓) the correct answers.

What do Sally and Bashir talk about?

Example

✓ reception  □ gym fees  □ the weights room
□ opening hours  □ the change rooms  □ lockers

Activity 65

Listen again and tick (✓) the correct answers.

Example

The membership fee is for

✓ a year.
□ 6 months.

1. You show your membership card when
   □ you arrive.
   □ you leave.

2. To use the showers you need to
   □ pay money.
   □ bring a towel.

3. The lockers
   □ are free.
   □ cost 20 cents.

4. The lockers are
   □ outside reception.
   □ in the change rooms.

5. You get a locker key from
   □ reception.
   □ the instructor.
Activity 66

Listen and repeat.

Uh huh  Okay  Yes  I didn't hear that, sorry.
Mm hmm  Yeah  Sorry  Sorry, I don't understand.
Yep  Right  Pardon?

Learning tip

We show we are listening to a conversation by using language like:

Uh huh  Yes  Mm hmm  Yep  Okay  Yeah  Right

When we don't hear or don't understand we use language like:

Sorry?  Pardon?  Sorry, I don't understand.  I didn't hear that, sorry.

This language is important for continuing a conversation.

Activity 67

Listen to Sally and Bashir again. Write each word from the box in the correct place.

Okay  Sorry?  Uh huh  Right  Mm hmm

Example

Sally: So this is reception.
Bashir: _______ Uh huh. _______  
Sally: It's where you join the gym and pay your fees.
Bashir: 1. __________________.
Sally: Your fees. First there's the membership fee – for students it's $25 for the whole year.
Bashir: 2. __________________.
Sally: Then you also pay a small amount each time you come to the gym.
Bashir: 3. __________________.
Sally: And when you arrive you need to show your membership card to reception.
Bashir: 4. __________________.

Activity 68

Practise the conversation in Activity 67 with another student.
The gym timetable

Activity 69
Read.

Central Gym
Community and Youth Gym

Class timetable Spring 2008

<table>
<thead>
<tr>
<th>Time</th>
<th>Monday</th>
<th>Tuesday</th>
<th>Wednesday</th>
<th>Thursday</th>
<th>Friday</th>
<th>Saturday</th>
</tr>
</thead>
<tbody>
<tr>
<td>8.00</td>
<td>Yoga</td>
<td>Aerobics</td>
<td>Yoga</td>
<td>Cycle class</td>
<td>Beginners' yoga</td>
<td>Closed</td>
</tr>
<tr>
<td>9.30</td>
<td>Aerobics</td>
<td>Cycle class</td>
<td>Table tennis</td>
<td>Aerobics</td>
<td>Cycle class Badminton</td>
<td></td>
</tr>
<tr>
<td>10.30</td>
<td>Badminton</td>
<td>Table tennis</td>
<td>Aerobics</td>
<td>Karate</td>
<td>Women's volleyball</td>
<td>Kids' gym</td>
</tr>
<tr>
<td>4.00</td>
<td>Women's volleyball</td>
<td>Kid's gym</td>
<td>Badminton</td>
<td>Basketball</td>
<td>Aerobics Men's volleyball</td>
<td></td>
</tr>
<tr>
<td>5.30</td>
<td>Basketball</td>
<td>Aerobics</td>
<td>Gymnastics</td>
<td>Kids indoor soccer</td>
<td>Karate</td>
<td>Boxercise</td>
</tr>
<tr>
<td>7.00</td>
<td>Boxercise</td>
<td>Indoor soccer</td>
<td>Basketball</td>
<td>Boxercise</td>
<td>Indoor soccer</td>
<td>Closed</td>
</tr>
</tbody>
</table>

Weights Room opening hours
Monday to Friday: 8.00am – 9pm.
Saturday: 9.30am – 5.30pm.

Activity 70
Tick (√) the correct answer.
This information is about
☐ how to join the gym.
☐ the days and times of gym activities.
☐ the cost of gym activities.
Activity 71

Answer the questions about the timetable in Activity 69.

Example
What time is yoga on Wednesday? 8 am

1. What time is the basketball class on Monday? ____________________________

2. What can people do at 7 pm on Tuesday? _______________________________

3. What time do classes start on Saturday? ________________________________

4. What days are the kid’s gym classes on? ________________________________

5. What can people do at 4.00 pm on Friday? ______________________________

6. How many yoga sessions are there in a week? __________________________

7. What time does the weights room close on Saturday? ____________________

Activity 72

Read.

To give information about times use:
on before days of the week
at before times of the day

For example:

<table>
<thead>
<tr>
<th>on</th>
<th>at</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tuesday morning</td>
<td>8.00 am</td>
</tr>
<tr>
<td>Friday evening</td>
<td>7 o’clock</td>
</tr>
<tr>
<td>Sunday afternoon</td>
<td>5.30</td>
</tr>
</tbody>
</table>

Activity 73

Use the class timetable in Activity 69. Work with a partner and ask and answer questions.

Student A: You want to join the gym. Ask about times and days for activities.
Student B: You work at the gym. Answer the questions.

Example

Student A: I’m interested in karate. When is the class?
Student B: Karate is on Thursday morning at 10.30 and on Friday at 5.30 pm.
Activity 74

Read Ari’s diary.

Activity 75

Check Ari’s diary to answer the questions.

Example
Can Ari go to basketball at 7.00 pm on Wednesday?
☐ Yes ☑ No  He’s going to a movie at 6.30

Example
Can Ari go to basketball at 5.30 pm on Monday?
☑ Yes ☐ No

1. Can Ari go to basketball 4pm on Thursday?
☐ Yes ☐ No

2. Can Ari go to karate on 10.30 am on Thursday?
☐ Yes ☐ No

3. Can Ari go to karate at 5.30 pm on Friday?
☐ Yes ☐ No

4. Can Ari go to indoor soccer at 7pm on Tuesday?
☐ Yes ☐ No

Activity 76

When can Ari go to indoor soccer, karate and basketball? Write the activities and times in his diary.
Gym membership forms

Activity 77

Complete the membership form for Grace. Use the words and numbers in the box.

Grace          Lee          01/06/1992          NSW
0412345345          English          4 Burns Road          2136
(02) 99885628          Enfield          glee@hotmail.com

Surname: Lee          Given names: ____________________________
Date of birth: ___ / ___ / ________  Sex: M / F
Street address: ____________________________
Suburb: ____________________________  State: _________  Postcode: __________
Phone: Home ____________________________  Work / Mobile: ____________________________
Email: ____________________________
Main language spoken at home: ____________________________

Activity 78

Answer the questions about the information on the form.

Example
What is Grace's last name? ______ Lee ______
1. What is Grace’s full name? ____________________________
2. When was Grace born? ____________________________
3. What street does Grace live in? ____________________________
4. What suburb does Grace live in? ____________________________
5. What language does she speak at home? ____________________________
Activity 79
Write your own details on the membership form.

Central Gym
Community and Youth Gym

Membership application

Surname: ________________________  Given names: ________________________
Date of birth: ____ / ____ / ________  Sex: M / F
Street address: ________________________
Suburb: ________________________  State: ________  Postcode: ________
Phone: Home ________________________  Work / Mobile: ________________________
Email: ________________________
Main language spoken at home: ________________________
Are you of Aboriginal/Torres Strait Islander origin?  Y / N
Occupation: ________________________

Membership type (tick)
☐ Adult/Employed: $35.00  ☐ Family: $45.00
☐ Concession:* Child / Student / Unemployed: $25.00
* Please provide proof of concession.

Learning tip

Please provide proof of concession means you need to show your concession card when you give your membership form to reception.